



	TIER 1	TIER 2	TIER 3	TIER 4
DESCRIPTION	TOP/MID NCAA D1	LOW NCAA D1, TOP D2, NAIA	MID NCAA D2, NAIA, TOP NCAA D3, NJCAA	LOW NCAA D2, NAIA, MID-LOW NCAA D3 AND NJCAA
CLUB EXPERIENCE	ECNL/TOP 4 STATE CUP/ TOP REGIONAL LEAGUE TEAM/ NATIONAL OR REGIONAL ODP TEAM/PREMIER LEAGUE	ECNL/TOP 8 STATE CUP/ MID-LOW REGIONAL LEAGUE TEAM/STATE ODP TEAMS/DIVISION 1	STATE CUP PARTICIPANT/ DIVISION 2	REC LEAGUES/ LOCAL AREA LEAGUES
HIGH SCHOOL EXP.	ALL-STATE CALIBER PLAYER	ALL-REGION CALIBER PLAYER	ALL-DISTRICT/ LEAGUE	TEAM SPECIFIC HONORS

There are nearly 1,400 women's college soccer programs out there. Knowing exactly how you stack up against other women's soccer recruits can help you decide what level of competition you're best suited for. And knowing that can save you plenty of time when looking for a women's soccer scholarship.

NCSA's recruiting guidelines explain what women's soccer coaches at every collegiate level are looking for. The guidelines also give a women's soccer recruit an overview of exactly how many women's soccer scholarships and college soccer programs are out there to choose from (in the NCAA, NAIA and NJCAA).

Grades: 3.0 GPA + 24 ACT + 1000 SAT (out of 1600)

TIER 1	PHYSICAL MEASURABLES
GOALKEEPER	5'7"-5'10" 140-165lbs (+/-)
EXPERT NOTES: Extremely athletic, taller than avg., can out-jump opposing forwards, covers most of the goal-mouth when diving, catches everything when able to get 2 hands on the ball, is able to consistently catch crosses, punts significantly past mid-field, goal kicks past to midfield, is able to throw balls to teammates on a line 35-45 yds away, is vocal in communicating with teammates, calling out marks, calling for the ball.	

TIER 1
CENTER MIDFIELDER
EXPERT NOTES: Very comfortable with the ball at your foot, consistently has a great 1st touch no matter how good the pass is (hard, soft, in the air, bouncing, etc.), connects a LARGE majority of your passes, has vision to see and make passes that others can't, looks to switch the field of play away from pressure, totally comfortable using both feet, can take deep shots, strong in the air winning headers on goal kicks and punts, strong defending either stealing passes or making strong tackles.

TIER 1
OUTSIDE MID/WING FORWARD
EXPERT NOTES: Speed and endurance, ability to consistently serve a cross that is driven (not looped) into dangerous areas of the box, ability to get up and down the field (attack and defend), ability to make combination plays (give and gos, etc.), desire/vision to go to goal and take shots if opportunity presents itself (not be content to stay on the wing).

TIER 1
FORWARD
EXPERT NOTES: 1v1 ability more than just speed (multiple moves to beat defenders), power and accuracy of shot, ability to win headers on crosses, use of both feet equally, ability to receive ball w/back to goal and then turn to attack goal, knowledge of when to make runs to receive ball to attack goal w/o being offside.

TIER 1
OUTSIDE DEFENDER
EXPERT NOTES: Speed, makes smart passes and always looks to keep the ball as opposed to just randomly kicking it, looks to get involved in the attack and dribble up the wing, defends 1v1 well and clearly looks to force the ball one way or the other, tackles smart and well.

TIER 1	PHYSICAL MEASURABLES
CENTER DEFENDER	5'7"-6'0"
EXPERT NOTES: Speed, ability to win headers, consistently good positioning (in position to help support other defenders in case they get beat), vocal communicator to other defenders and mids, controls the team's back line with regard to pushing up and dropping back, always makes smart passes, solid and smart 1v1 defending	



RECRUITING GUIDELINES

WOMEN'S SOCCER

NCAA DIVISION I	
MEMBER SCHOOLS	314
ATHLETIC SCHOLARSHIPS PER SCHOOL	11.0

NCAA DIVISION II	
MEMBER SCHOOLS	223
ATHLETIC SCHOLARSHIPS PER SCHOOL	9.9

NCAA DIVISION III	
MEMBER SCHOOLS	409
ATHLETIC SCHOLARSHIPS PER SCHOOL	0.0 ACADEMIC, MERIT, NEED, LEADERSHIP, ETC. AID AVAILABLE

NAIA	
MEMBER SCHOOLS	203
ATHLETIC SCHOLARSHIPS PER SCHOOL	12.0

JUNIOR COLLEGE	
MEMBER SCHOOLS	198
ATHLETIC SCHOLARSHIPS PER SCHOOL	VARY BY SCHOOL AND CONFERENCE

RECOMMENDED SITES	
www.ussoccer.com	

RECRUITING GUIDELINES - ADVANCED SCOUTING OPPORTUNITIES

- ODP National/Regional/State Team and Pool ■ Premier Club Team
- Tournaments: Score at Shore • WAGS • San Diego Surf Cup • Orange Classic
- Disney Soccer Showcase • President's Day • Jefferson Cup
- Las Vegas Showcase • PDA Showcase

