

	TIER 1	TIER 2	TIER 3	TIER 4
DESCRIPTION	HIGH D1	LOW D1	HIGH D2	LOW D2-D3
<b>50 FREE</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<22:29	24	25:5	<28:0
<b>100 FREE</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<50.0	52	54	<55
<b>200 FREE</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<1:50	1:52	1:54	<2:00
<b>500 FREE</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<4:52	4:57	5:05	<5:32
<b>1650 FREE</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<16:48	17:00	17:15	<17:45
<b>100 BACK</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<56:19	10:19	0	<1:03
<b>200 BACK</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<2:01	2:04	2:07	<2:11
<b>100 BREAST</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<1:04	1:05	1:06	<1:12
<b>200 BREAST</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<2:17	2:21	2:24	<2:30
<b>100 FLY</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<55:5	57:2	59:5	<1:06
<b>200 FLY</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<2:02.5	<2:06	2:08	<2:12
<b>200 IM</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<2:03.5	2:07	2:12	<2:20
<b>400 IM</b>				
PHYSICAL MEASURABLES	5'7"+	5'7"+	5'7"+	5'7"+
STATS	<4:20.7	<4:29	4:34	<4:45

# RECRUITING GUIDELINES

# WOMEN'S SWIMMING

## NCAA DIVISION I

MEMBER SCHOOLS	314
ATHLETIC SCHOLARSHIPS PER SCHOOL	14.0

## NCAA DIVISION II

MEMBER SCHOOLS	73
ATHLETIC SCHOLARSHIPS PER SCHOOL	8.1

## NCAA DIVISION III

MEMBER SCHOOLS	233
ATHLETIC SCHOLARSHIPS PER SCHOOL	0.0 ACADEMIC, MERIT, NEED, LEADERSHIP, ETC. AID AVAILABLE

## NAIA

MEMBER SCHOOLS	30
ATHLETIC SCHOLARSHIPS PER SCHOOL	8.0

## JUNIOR COLLEGE

MEMBER SCHOOLS	16
ATHLETIC SCHOLARSHIPS PER SCHOOL	VARY BY SCHOOL AND CONFERENCE

## RECOMMENDED SITE

[WWW.USASWIMMING.ORG](http://WWW.USASWIMMING.ORG)

